

## If you wish to complain about intrusive television and radio background noise

State date and time of broadcast programme and address your letters of complaint to either :

Independent Television Commission  
33 Foley Street  
LONDON W1P 7LB  
(Tel: 0171 306 7753)

**or**

Editorial & Investigative Team, BBC Information  
British Broadcasting Corporation  
Wood Lane  
LONDON W12 7RJ  
(Tel: 0181 743 8000)

**and**

Your own M.P.  
House of Commons  
LONDON SW1A 0PW

You can also  
Use the **Dictate-a-Letter service** on : 020 8433 2278  
Rough out a note with programme details and pick up the phone.  
(It will cost you no more than a stamp.)  
E-mail to : **radio.times@bbc.co.uk**